

MAYFLOWER CONGREGATIONAL CHURCH
A SERVICE OF MORNING WORSHIP

Sunday, March 26, 2023, 10:30 a.m.

Fifth Sunday in Lent

Welcome and Greeting

Prelude Solo: "O Rest in the Lord" (from Elijah) (Felix Mendelssohn)

Opening Sentences

Hymn 173: "Lord, Who Throughout These Forty Days"

Opening Prayer

Anthem: "Kyrie Eleison" ("Most Holy One") (David Huntsinger)

Giving and Receiving of Our Gifts

Doxology (Hymn 563)

Pastoral Prayer and The Lord's Prayer (using debts and debtors)

Old Testament Reading: Psalm 130

Out of the depths I cry to you, O LORD. Lord, hear my voice! Let your ears be attentive to the voice of my supplications! If you, O LORD, should mark iniquities, Lord, who could stand? But there is forgiveness with you, so that you may be revered. I wait for the LORD, my soul waits, and in his word I hope; my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning. O Israel, hope in the LORD! For with the LORD there is steadfast love, and with him is great power to redeem. It is he who will redeem Israel from all its iniquities.

Sermon: "THE JOURNEY TOWARD HOPE"

Hymn 395: "How Can I Keep From Singing"

Benediction

Benediction Response: "Panis Angelicus" (César Franck/St. Thomas Aquinas)

Greet One Another

Participants: Pastor Mark and DeeAnn McCormick, Barb Fuller,
Lorraine Finison, Frank Fleschner, Lindsey Lang, Chancel Choir

Lord, Who throughout These Forty Days 173

Claudia F. Hernaman, 1838-1898, alt.

John's Day Psalter, 1562

1. Lord, who through - out these for - ty days, For
 2. As Thou with Sa - tan didst con - tend, And
 3. And through these days of pen - i - tence, And
 4. A - bide with us, that so, this life Of
 5. As you did hun - ger and did thirst, So

us didst fast and pray, Teach us with Thee to
 didst the vic - t'ry win, O give us strength in
 through Thy Pas - sion - tide, Yea, ev - er - more, in
 suf - fering o - ver - past, An East - er of un -
 teach us, gra - cious Lord, To die to self, and

mourn our sins, And close by Thee to stay.
 Thee to fight, In Thee to con - quer sin.
 life and death, Je - sus! with us a - bide.
 end - ing joy We may at - tain at last!
 so to live By your most ho - ly word. A - men.

ST. FLAVIAN
CM

How Can I Keep From Singing

Robert Lowry, 1826-1899

Robert Lowry, 1826-1899, alt.

F B♭

1. My life flows on in end-less song; A -
 2. Through all the tu-mult and the strife, I
 3. What though my joys and com-forts die? The
 4. The peace of Christ makes fresh my heart, A

F C F

bove earth's lam-en-ta-tion, I catch the sweet, though
 hear that mu-sic ring-ing. It finds an ech-o
 Lord, my Sav-ior, liv-eth. What though the dark-ness
 foun-tain ev-er spring-ing! All things are mine since

B♭ F C7 F

far-off hymn That hails a new cre-a-tion.
 in my soul. How can I keep from sing-ing?
 gath-er round? Songs in the night He giv-eth.
 I am his! How can I keep from sing-ing?

F C Dm C

No storm can shake my in-most calm While

GOD'S COVENANT PEOPLE

The image shows a musical score for the hymn "God's Covenant People". It consists of two systems of music. Each system has a treble clef staff on top and a bass clef staff on the bottom. The first system has a key signature of one flat (Bb) and a 4/4 time signature. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are: "to that Rock I'm cling-ing. Since Christ is Lord of". The second system continues the melody and bass line. The lyrics are: "heav-en and earth, How can I keep from sing-ing?". The chords are indicated by letters above the treble staff: F, C, F, Bb, F, F/C, C7, F.

F C F

to that Rock I'm cling-ing. Since Christ is Lord of

Bb F F/C C7 F

heav-en and earth, How can I keep from sing-ing?

Eternal God, thank You for Your gift of music. Even when we find ourselves in deep despair—when we are anxious, disheartened and lonely—we cannot keep from singing. Out of the depths of our being, we find the strength and the courage to heal through the power of music. When the Hebrews were in exile and cried out, “How can we sing the songs of the Lord in a foreign land,” You gave them succor and called them to remember Your promise. We, too, sometimes feel abandoned and alone. Yet You remain a constant presence and source of comfort. Through Christ, You continue to be our rock of refuge to which we can always cling.

How can we keep from singing! Amen.

Sandra Rygh Allgood